



# THE DURHAM SYNCHRO TIMES-JOURNAL

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## First Meet of Season Nets Impressive Results!

Congratulations for all Durham Synchro competitive swimmers who participated in the 2005 Lisa Alexander Figures Meet at Wilfred Laurier University on Saturday, December 3. Our club sent 35 provincial- and national-level athletes to the first meet of their 2005/2006 season, and for some of our Tier 2 and especially Tier 1 swimmers, Lisa A. was their very first taste of synchronized swimming competition. Way to go, girls! This competition followed earlier successful Star level testing for many of our swimmers, including the achievement of three Star levels (Tiers 5, 6 & 7) for Tier 6/7's **Christa Hutton**.



Congratulations to **ALL** Durham Synchro competitors! For complete results for our club, go to [www.durhamsynchro.com](http://www.durhamsynchro.com); for all results, visit [www.synchroontario.com](http://www.synchroontario.com)



### New Tier 1 Team Performs Well at Lisa A.

Durham Synchro welcomes its new Tier 1 team and members **Kaitlin Bishop, Shannon Blaney, Meagan Caulfield, Heather Clarke, Katrina Clissold, Lindsay Evelyn, Sarah Masters, Samantha Smith, and Taylor Summers**.

According to **Tier 1 Coach Sarah Rowe**, Tier 1 had a great showing at Lisa Alexander.

"I could not be happier with Tier 1's results," says **Sarah**. "This team is made up entirely of new swimmers aged eight to 12 years, and they placed very well at their first figures meet! We ended up right in the middle of Tier 1 results, which is a great success for a first-time meet, and leaves lots of room for improvement later in the season."

### Tell Your Friends About Winter Rec!

Please let your friends know that it's not too late for sign up for Durham Synchro's 12-week January - May recreational synchro programs. All forms may be downloaded by going to [www.durhamsynchro.com](http://www.durhamsynchro.com)

### Seven Top-Ten Results for Tiers 2 - 7

"My Tier 2 team performed confidently and I'm very proud of them," says **Coach Rochelle Fernandez**.

"I'm also really proud of all they have accomplished in just their first month of competitive synchro."

Tier 2 members are: **Carly Byberg, Lindsay Dawson, Francesca Di Pietro, Emily Harris, Annie Hodgins, Kayla Hunt, Ashley Kumarsingh, Stephanie Lawson, and Ashtyn Nauffts**. **Lindsay** placed 44th in a large field of 102 swimmers.

In Tier 3 competition, **Alexandra Opydo** came 12th. In Tier 4, **Stephanie Geller** took the silver medal, while teammate **Ali Young** placed tenth.

In Tier 6 competition, **Julia Maclean** was first on the podium with the gold medal, followed closely by teammates **Brianna MacLellan** (5) and **Carrie Mouck** (9).

In Tier 7 Jr. competition, Durham Synchro took two of six podium placements, with **Katie LePage** in fifth place and teammate **Chelsey Matthews** in 6th place. **(Over)**

## Season's Greetings





## 2005/2006 DHSC Executive

President: **Janice MacLellan**  
 Vice-President: **Chris Maclean**  
 Treasurer: **Jackie LePage**  
 Travel Coordinator: **Bruce Matthews**  
 Bingo Coordinator: **Denise Nickerson**  
 Secretary: **Dottie Mear**  
 Special Events Coordinator: **Simon Geller**  
 Recreational Coordinator: **Ann Howes**  
 Club Fundraising Coordinator: **Vacant**  
 Registrar: **Janet Dawson**



### Other Support:

Senior Coach, Pool Coordinator: **Holley Lundmark**  
 PR Volunteer & Website Coordinator: **M.J. Jaffray (Matthews)**  
 Club Apparel & Equipment Manager: **Richard Wade**

## From the President

On behalf of the Executive, I would like to wish everybody a wonderful holiday season with your friends and family.

The next few months will be extremely busy ones for our Club, with many exciting events to come. I would like to thank everybody -- the Executive Committee, coaches, volunteers and parents -- for helping us to gear up for our competitive season and especially for all the hard work that went into our Winter Party.



Our Club's success hinges on everybody doing what they can to support it and get involved. As you can see, we still need a Fundraising Coordinator this year. A little means a lot in the world of competitive synchro.

Best wishes to all!

**Janice MacLellan**

## DHSC Team Updates



**Coach Leslie Wickens** says: "My Tier 3/4 team is doing great and working really hard as the Christmas holidays approach. They've all improved a great deal and continue to do so. I can't wait until our competitive season begins! Our theme this year is "Surfing" and we're swimming to "Surfing U.S.A.," "The Beach" theme song, and "Wipeout" !

Tier 3/4 swimmers are: **Alycia Halyk, Hannah Koke, Brooke Manson, Carly McCagherty, Rachel Nickerson, Alexandra Opydo, Amber Steele, Stephanie Geller, and Ali Young.**

And **Head Coach Holley Lundmark's** Tier 6/7 team is working hard to put the finishing touches on their "African" team routine. "The music is very fast and very challenging," says Holley. "We're just working on a final highlight, and then the routine will be done." Holley adds that her swimmers (**Christa Hutton, Katie LePage, Julia Maclean, Brianna MacLellan, Chelsey Matthews, Allie Mear, Carrie Mouck, and Alaina Wade**) are looking forward to showcasing their routine for the first time at Provincial Trials.

Tier 2 **Coach Rochelle Fernandez** says her girls had a ton of fun designing their team suits, and are hard at work on their "Bollywood" routine. "They're really looking forward to performing," she says.

Happy Holidays  
 to all Durham Synchro  
 Swimmers and Families!

